

bcc business chicks

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**WOMEN
WHO ARE
CHANGING
THE WORLD**

**Work from
anywhere?**
Yes you can

**Kristina Keneally's
new challenge**

**SECRETS
OF HOTELS**

**HOW TO
DETOX
YOUR LIFE**

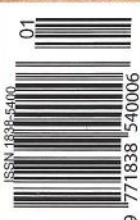
**SPECIAL
REPORT**

The state
of women in
Australia

Business pioneer:
June Dally-Watkins

Charlotte

The divine Ms D keeps coming back for more



Karina Godwin, 44
Director, Flying Souls, VIC
www.flyingsouls.com.au

Happy *healing*

Karina Godwin is the founder of Flying Souls Institute of Healing, a centre that combines spirituality with massage, yoga and psychic services.

What do you love most about your work?

I truly have the best job in the world! I get to help people get happy, healthy and loved every day, while leading an incredibly passionate team. Everyone wants to work here, we've created such a gorgeous culture with hugs all round, and colleagues who really care. It's really hard for me to call it work when I spend my day meeting incredible people and enjoying myself.

What's been the highlight of your career?

The greatest highlight comes every day, watching my students and clients become empowered, intuitive and happy. It's watching their 'a-ha' moments, when they realise that I'm actually living the dream, and they can live theirs too.

When they listen to how I manifested a publishing contract for my meditation CDs in three weeks and it inspires them to achieve their own dreams, how can life get any better than that?

What's the biggest lesson you've learnt in business?

My biggest lesson was that I had it all wrong! When I created the Flying Souls Institute of Healing, I thought that to be successful, everything had to be logical.

This was a terrible choice for me as an intuitive person, as it was the opposite of what came naturally. Ignoring my strengths was like trying to swim upstream! I awoke one morning not wanting to go to work, and I knew I had to change.

I meditated after a Meliae Intuitive Healing and realised my mistake. I stopped, went within myself and created a new plan. It was bumpy to begin with as I couldn't justify my decisions, yet success began to follow.

As soon as I realised how to plan differently, the steps became obvious. I realised that as a woman my natural instincts were very powerful and it empowered me to really drive my business.

What advice would you give to your 16-year-old self?

I would love to say: "Take a chill pill, there's absolutely nothing to worry about. No matter what comes your way, you will be ok. Be afraid of nothing. Shine your brilliance! Be the full you, for those who don't like it don't matter and you will be happier living this way. Challenge those around you and make your dreams come true, anything is possible and you will succeed. And don't forget that I love you and you are never alone."

What does success look like to you?

It's what I see every day. I wake up in the morning happy to be alive, surrounded by family who I love and friends who really care. I work in a job that's fascinating every single day and I love what I do. I reach people and make a difference in their lives. Happiness is the measure of my success, and I have an abundance of happiness!

Do you have a BHAG (big hairy audacious goal)?

I have been told my whole life that I am too idealistic and need to be realistic, yet I want to change the world. I was born with psychic vision, and when I look into the future, the world looks

like a much better place. I want to help create that new future, for everyone to have what I have: happiness, love, opportunity, acceptance, health and wellbeing. I've worked out simple ways to create that happiness and I'm passionate about sharing it with the world. **L**

