

News, reviews, previews

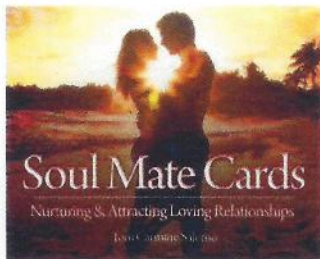


HEALING ANGEL CARDS

By Toni Carmine Salerno

This beautiful card set comprises 55 cards presented in a very attractive flip-top box, coloured pinkish red, cream and midnight blue. The messages are to present you with "loving guidance from the angels". We've been choosing cards each day at work and the messages are always pertinent and meaningful to the person doing the choosing. Highly recommended.

Reviewed by Elizabeth Stephens
Published by Blue Angel Gallery
RRP \$24.95



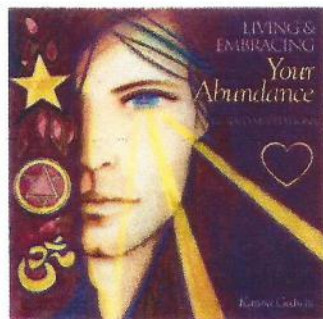
SOUL MATE CARDS

By Toni Carmine Salerno

These beautifully presented cards (what else would we expect from Blue Angel and Toni Salerno?) would be a lovely gift to your partner this Valentine's Day. They are in a little presentation desk box and they contain "loving messages, affirmations and insights designed to attract and nurture soul mate love".

Again these can be used within an existing relationship. Indeed, my take on them is that they are more suited for a couple in relationship to strengthen their bond rather than to attract a new one. Imagine taking a moment each day to choose a card, set your intentions for the day, and reaffirm your love for each other – magic!

Reviewed by Elizabeth Stephens
Published by Blue Angel Gallery
RRP \$24.95



LIVING & EMBRACING YOUR ABUNDANCE

Meditation CD

By Karina Godwin

Karina is well known for her work in her healing centre, Flying Souls, for her highly effective guided meditations. So I was very pleased to open an envelope recently and find a couple of CDs to review.

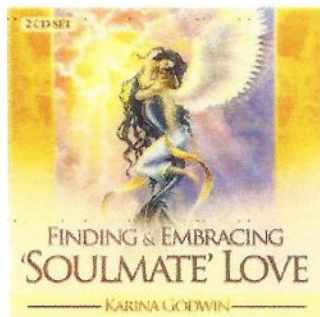
The imagery she chooses in the meditations is beautiful and her voice is pleasant. However, more powerful than these are the concepts she moves us through.

In this one she has a separate meditation for each of these phases of manifesting:

- Manifesting your abundance
- Releasing your abundance blocks
- Receiving your abundance
- I deserve to be abundant
- The forgiveness tree
- Unlocking the treasures of your abundance

So if you've tried all sorts of manifestation techniques and you're still left in lack, this may well be the answer for you.

Reviewed by Elizabeth Stephens
Published by Blue Angel Gallery
RRP \$24.95



FINDING & EMBRACING 'SOULMATE' LOVE

2 CD set

By Karina Godwin

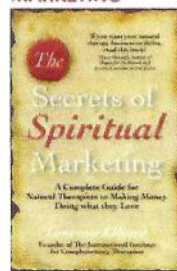
I suggested to someone in the office that she also listen to these CDs to find a soul mate, and her off-the-cuff response was that she thought that was a cheesy concept and that more than one person existed for each of us. I had to agree that there was more than one potential partner, but also said I thought that we really could aspire to having a soul mate – that it was a viable concept. Why am I telling you this? Because, when I listened to them myself, I was delighted to find that Karina addresses this in her introduction on the first CD – saying that we have a few different potential soul mates in case we bypass one or two.

The CDs are a delight to listen to and, as with the abundance CD mentioned above, the imagery used is very beautiful. Karina told me

that people who have used her prototype CDs have reported success in their missions. I'll be able to report back on that one myself later hopefully :-)- after I've progressed through the stages of journeying to the love crystal within, accepting and receiving 'soulmate' love, finding and filling my love tank, letting go my block, knowing I deserve to be loved, manifesting the qualities of 'soulmate' love and embracing it.

Oh, importantly, she keeps stressing that we can find that love within our existing relationship. So don't worry that your equilibrium will be upset by listening to these CDs. At the very least, you'll learn to love yourself more. Reviewed by Elizabeth Stephens
Published by Blue Angel Gallery
RRP \$29.95

THE SECRETS OF SPIRITUAL MARKETING



By Lawrence Ellyard

I once heard that over 80% of graduates of natural therapies courses were unlikely to succeed in establishing a successful practice. At the time this sounded shocking, but on reflection makes sense. Most

therapists get into their fields because they are passionate and skilled at what they practice, but let's face it, few have concurrently completed marketing degrees! That's why The Secrets of Spiritual Marketing is such a useful and imperative tool for anyone (not just natural therapists!) establishing a private business. With easy-to-follow bite-sized chunks of practical, grounded advice, combined with a holistic overall plan to take you from concept to set-up and from expansion to goal setting for the future; if you have a natural therapy practice or are considering setting one up, this book is a must-read!

Reviewed by Nokomi Achkar
Distributed by Brumby Books in Australia
RRP \$29.95

GRATITUDE DIARY



By Morthen Spears

There is a beautiful softness about this diary – the quotes, the colours, the photos – all emanating from Morthen's own sweet energy. The publication is a large bedside table or desk diary and it comes with a day to a page, except

both Saturday and Sunday are on the one. At the top of all pages is a section for you to write what you are grateful for today. There are moon phases, inspiring quotes, yearly planner and address book incorporated into this as well. Highly recommended.

Reviewed by Elizabeth Stephens
Distributed by Brumby Books in Australia
RRP \$34.95

LINDA'S ABUNDANCE DIARY

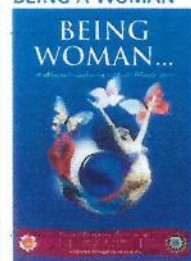


Linda is an abundance coach and she was constantly writing out plans for her clients. She decided to put them into print and the diary was born. It approaches abundance in both a physical (keeping budgets and records

of expenditure) and a metaphysical (reminders to think abundantly) manner. Again this is a desk or bedside diary rather than a pocket one, and it is packed with tips and the usual diary features.

Reviewed by Elizabeth Stephens
Available through LivingNow for \$30 incl postage
RRP \$35

BEING A WOMAN



What does it mean to be woman, deep into your essence and how does that express itself into being a woman in everyday life?

Good question – you're likely to find the answers at BEING WOMAN, 19 – 21

March on the Sunshine Coast

You are invited to step inside and claim the richness that sits in the centre of your being. Come and relax, play, rejoice, dance, laugh, embrace, be outrageous, be sedate, be raw, alive and open... Open to a place of deep connection and the feminine!

Being Woman... is a weekend of women coming together in sister groups, presentations, workshops, meditation, creative art, movement, ceremony and inner work. This festival offers a place of retreat, stepping out of everyday existence into the beauty of nature. It is an opportunity to celebrate, support and honour the beauty and strength that lies within simply being woman.

We are instinctual, community orientated beings with an innate understanding of our place within the greater whole. Feelings of happiness and harmony are directly proportionate to the presence of our deep sense of belonging. It is apparent that separation is a major issue in our society and a pressing need exists for opportunities to relate deeply with self, others and the Earth. Gathering together as groups of people with common intention and shared experience, is one way to address this need. In doing so, a vital part of life is restored... the way of community.

Step inside to the richness within, as we relax and open to a place of Being Woman... Sunshine Coast, 19 – 21 March 2010. www.beingwoman.com.au Bookings & enquiries, phone Nivannii on (07) 5494 3969 or ecstasy1@bigpond.net.au.